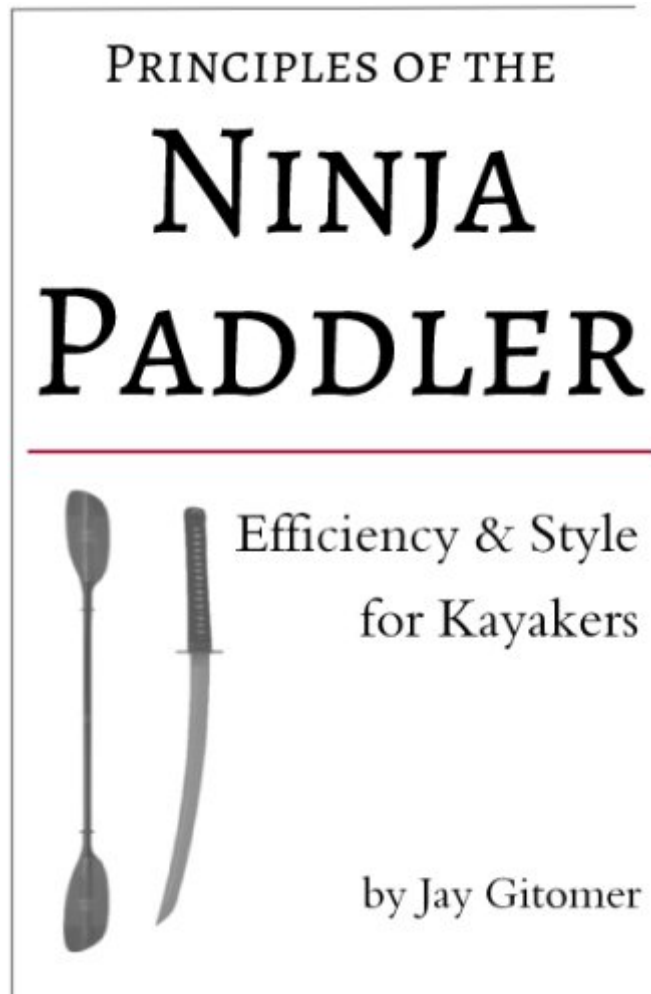


The book was found

# Principles Of The Ninja Paddler - Efficiency & Grace For Kayakers



## Synopsis

You know all the kayak strokes but your paddling could be more polished and easy. Principles of the Ninja Paddler will help you make your boat dance by shining light on the concepts of efficiency and grace for kayakers. Each principle is explained clearly and is tied to a practical application. Recommendations for practices are also provided. Transform your paddling by applying the concepts of the Ninja Paddler.

## Book Information

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## Customer Reviews

makes a lot of sense, things I had not even thought about, will definitely incorporate these tips in future paddles!

This book has many helpful hints. The information that I gain from the book will make me a better kayaker.

If you love to paddle, you will enjoy this read by Jay Gitomer!

very valuable insights

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